

Quick start guide

It's easy to get going with *Inspire*.

Everything you need is included in your pack.

Top tips

1. The discussion works best in small groups in a relaxed and informal setting. We'd recommend a group of six to ten people. You can download personal invitations at kitchentable.org.uk/inspire
2. *Inspire* can be run in one session or two. If you have a chatty group then we'd suggest you spread the material over two sessions. A good break point is after looking at the four elements that build faith on page nine of the leader's guide.
3. Prepare for your evening using the leader's guide. The questions and format begin on page six. If you'd like some more tips, download the 'Guide to running a small group' from kitchentable.org.uk/inspire
4. Don't expect to get through all the discussion cards! Have a look through and pull out four or five you think would be good starter questions, and use the others in another session, when you meet up for coffee, or even to spark discussion in an online group.
5. Enjoy learning together and have fun talking about how we can inspire faith in our children at home!

We hope you enjoy running *Inspire*. When you're done, send us your feedback at www.surveymonkey.co.uk/r/inspire and we'll send you a free copy of the book *Raising Faith* to say thank you!

