

kitchen
table
project



Inspire a faith that lasts

Parent group discussion questions

Use these questions with the short 'Easy wins in lockdown' video by Andy Frost, available on the Kitchen Table Project YouTube channel: www.youtube.com/c/KitchenTableProject

1. What are you most worried about for your children at the moment?
Think of some scriptures that might help with these fears and turn them into prayers for your kids.
2. Andy says there are still things to be thankful for – what good things are you grateful for?
3. Think about Andy's practical ideas to bring faith into everyday life. What do you find challenging?
4. Are there any parts of family life that you could use to be intentional about drawing your children's attention to God?