

Quick start guide



Inspire a faith that lasts

It's easy to get going with *Inspire Online*.

Everything you need is available at kitchentable.org.uk/inspire

Top tips

1. The online version of *Inspire* has been designed to take 1-hour to run. It may be beneficial to allow participants to join the video call early to provide a relaxed, informal space to chat with others before the session begins.
2. The discussion works best in smaller groups. We'd recommend using 'breakout rooms' if you have a larger group. It may be beneficial to ask someone else to help you host by facilitating the technical elements of the session.
3. Prepare for your evening using the leader's guide. If you'd like some more tips, you can download our 'Running an online course' PDF from kitchentable.org.uk/inspire
4. Don't expect to get through all the discussion questions! They are organised according to the key elements that help to build faith at home. Maybe choose one from each element and see how you get on. You can always arrange another online gathering to continue the discussion.
5. Enjoy learning together and have fun talking about how we can inspire faith in our children at home!

We hope you enjoy running *Inspire*. When you're done, send us your feedback at www.surveymonkey.co.uk/r/inspire and we'll send you a free copy of the book *Raising Faith* to say thank you!

