

kitchen  
table  
project



Inspire a faith that lasts

## Parent group discussion questions

Use these questions with 'A father's heart' video available on the Kitchen Table Project YouTube channel:  
[www.youtube.com/c/KitchenTableProject](http://www.youtube.com/c/KitchenTableProject).

*This video has been aimed at dads, but it's also helpful for mums to talk about as well.*

1. How would you describe the Father heart of God? Have you found that helps you relate to your children?
2. What kinds of things do you feel guilty about as a parent? Have you discovered ways to let go of the guilt and the need to be able to do everything?
3. Andy talks about the things that he wants for his children, and what he wants to pass on. What do you want to pass on to your children?
4. How can you be intentional about creating special moments with your children now? What kinds of things help you to connect with your children the most?
5. Having key role models for our children can be really beneficial – especially during the teenage years! Are there other men in church who you trust and could ask to invest in your children? And if you're a dad, are there other kids who you can help be a blessing to? Maybe it's playing football in the park with your child and their friends, or taking another family with you on a day out.

Take a few minutes to ask God for opportunities to share the father heart of God with your own children and others.

### Bible passages on the Father heart of God

Here are just a few examples of the Father heart of God in the Bible for you to explore if you have time.

- John 3:16
- 1 John 3:1
- Matthew 18:12-14
- Matthew 7:11-12
- Matthew 6:8
- Romans 8:15-16