

# Inspiring faith in the next generation



kitchen  
table  
project



Inspire a faith that lasts

# Family

Family is where we learn  
to give and receive love

Family is where our  
character is shaped

Family is where we  
learn our values





# No guarantees

“Train a child in the way he should go, and when he is old he will not turn from it.”

Proverbs 22:6



## An amazing opportunity

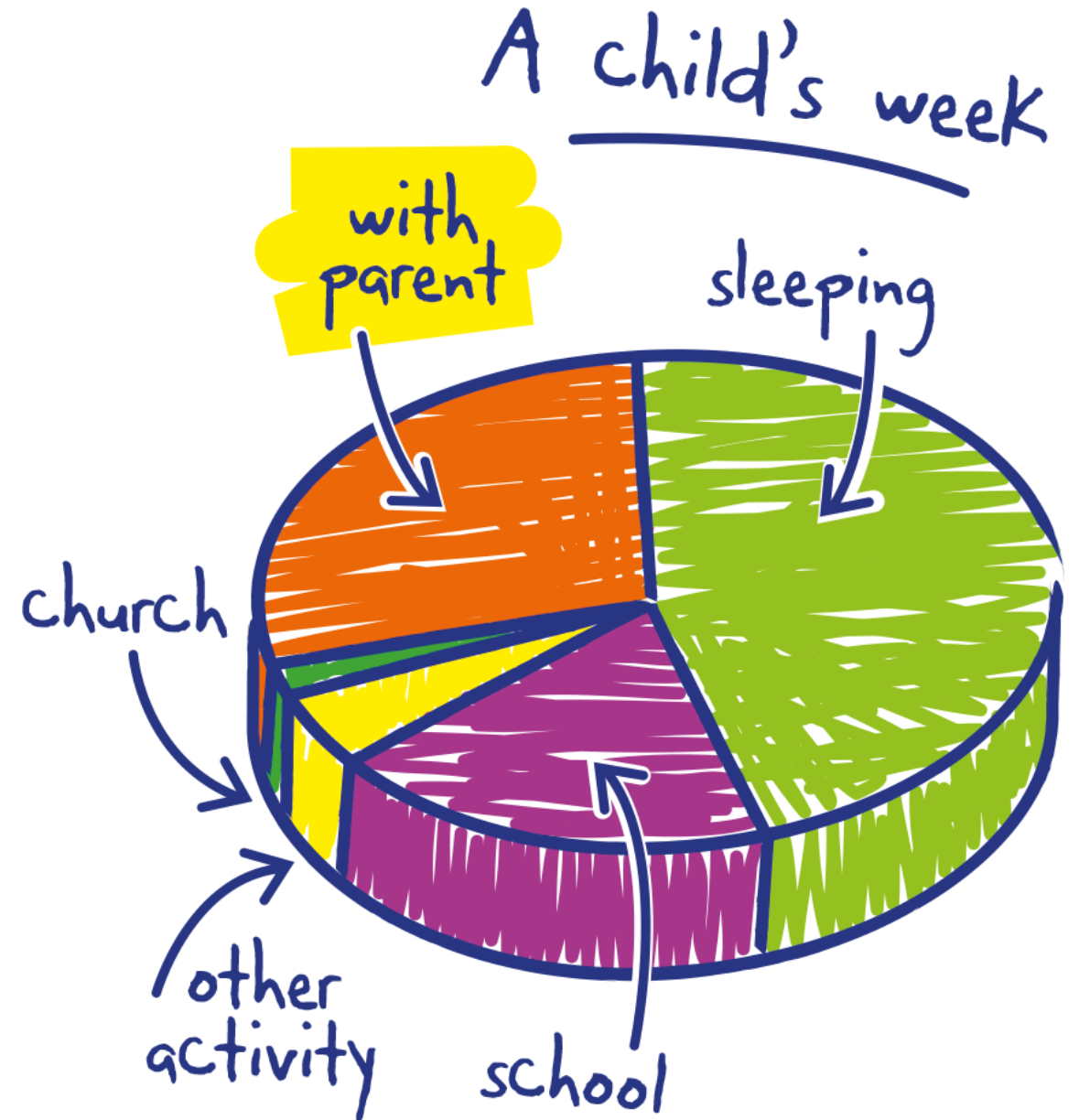
“Fix these words of mine in your hearts and minds; tie them as symbols on your hands and bind them on your foreheads. Teach them to your children, talking about them when you sit at home and when you walk along the road, when you lie down and when you get up.

Deuteronomy 11:18-20

# Parents are the biggest influencers

21,900 daytime hours within the home by the time children are ten

421 years for the church to spend the equivalent amount of time with a child







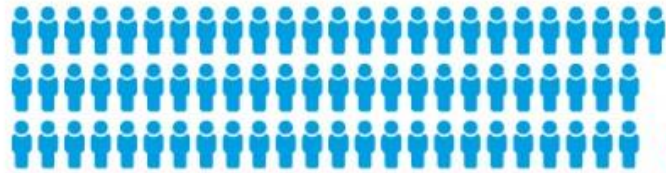
# GenZ: Rethinking culture

## FAITH & RELIGIOUS INFLUENCES

Who or what influences the way you think about faith/religion?

\* based on all respondents who believe in a God

\*\* participants were able to select more than one answer



FAMILY 73%



TEACHERS 36%



FRIENDS 36%



TV & THE MEDIA 23%



THE NEWS 21%

**59% OF YOUNG PEOPLE SAID THAT FAMILY WAS THE NUMBER ONE THING THAT MADE THEM FEEL GOOD ABOUT THEMSELVES.**

**THIS MADE IT THE MOST POPULAR NUMBER ONE POSITIVE INFLUENCE.**

**SOCIAL MEDIA WAS THE MOST COMMON NUMBER ONE AND NUMBER TWO NEGATIVE INFLUENCE.**



# Hurdles parents face

- Time
- Confidence
- Inadequacy
- Unqualified





# You are qualified

- when you sit at home
- when you walk along the road
- when you lie down
- when you get up.





# Home

A warm, affirming family where children feel safe, loved and accepted gives a secure foundation for their faith to grow.





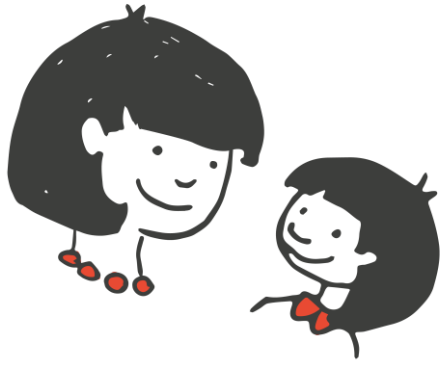


## Be real

It's not about being an expert! We're not perfect, but living out our faith in a genuine way inspires children to want this for themselves.







## Be intentional

Finding simple ways to involve God naturally in everyday life encourages our children to know and love him.



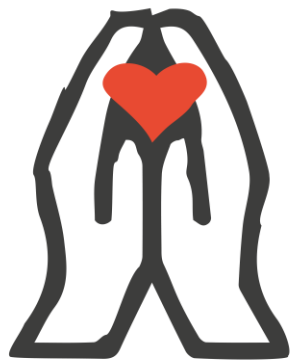




# Belong

Involving children at church and building relationships with others helps our children to feel they belong to God's family.





# Prayer

Nothing is more important than praying for our children, and with our children.







We will tell the next generation the praiseworthy deeds  
of the Lord, his power and the wonders he has done.

Psalms 78:4



The Kitchen Table Project is a growing movement of mums, dads and carers learning from each other and sharing ideas so we can all succeed in inspiring faith in our homes.

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table  
project



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