

kitchen  
table  
project



Inspire a faith that lasts

### Parent group discussion questions

Use these questions with the video 'Listening to God and taking off the pressure: Talking Faith with Anne Calver', which is available on the Kitchen Table Project YouTube channel:  
[www.youtube.com/KitchenTableProject](http://www.youtube.com/KitchenTableProject)

1. Our children watch how we model our relationship with God – how can we make our relationship with God more visible to them?
2. How can we talk to our children about the ways God speaks to us and others? How might we encourage them to spend time listening to God on their own or together as a family? As Anne shared, it doesn't have to be long, but how can we make this a regular and natural part of family life?
3. Have we recognised any spiritual gifts in our children or ways they naturally care for and help others? How can we encourage our children to use these gifts or provide opportunities for them to do so?
4. If we are involved in ministry at church or elsewhere, it can sometimes be challenging to strike a balance between serving others and family life. How can we talk to our children about our ministry or find ways to include them in it, so they don't feel our ministry is more important than them?