



## Parent group discussion questions

Use these questions with the video 'Internet safety and preparing our children: Talking Faith with Ian Henderson', which is available on the Kitchen Table Project YouTube channel: [www.youtube.com/KitchenTableProject](http://www.youtube.com/KitchenTableProject)

1. Have you talked to your children about internet safety before? What areas did you focus on?
2. Does your child have a smartphone? What boundaries do you have in place, or have you thought about any for the future? Share some ideas together.
3. Porn can be a difficult topic to talk about – at any age! And it can feel difficult to discern what age you can start talking to your children about it. Take some time to talk about age-appropriate ways you could approach the subject with your child.
4. The three Ts can be a helpful tool to teach your children:
  - Turn it off
  - Turn away
  - Tell me

How do you think you would respond if your child told you they had seen something inappropriate? How would you like to respond?

5. We don't want to parent out of fear, but we do want to be wise. Read Isaiah 41:10 together and ask God to strengthen you and help you as you raise your children.

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## Notes

- The NSPCC has some really helpful [guides for parents](#) about keeping our children safe online.
- The report referenced in the video was research commissioned by the British Board of Film Classification in 2019, where "75% of parents felt their child would not have seen pornography online. But of their children, more than half (53%) said they had in fact seen it".  
<https://www.bbfc.co.uk/about-us/news/children-see-pornography-as-young-as-seven-new-report-finds>.  
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