

## 30 days – praying for our children

It can be challenging in the busyness of family life to find a rhythm of regularly praying for our children. So we've put together a simple 30 day prayer plan to help us pray for our children. We've included a different focus and Bible verse to pray over our children each day.

You can start this any day of the month, but you might find it easier to start at the beginning of the month so you can keep track of the days. It's OK if you miss a day or two – life is busy! You don't need to catch up. Just pick up on the day you are on and if you have time you can go back to any days you've missed.

**Day 1** – Pray your children would know how loved they are

1 John 3:1

**Day 2** – Pray your children would know Jesus as their Saviour and Lord

John 3:16

**Day 3** – Pray your children would be strong and courageous

Deuteronomy 31:6

**Day 4** – Pray your children would have loving and kind hearts

Ephesians 5:1-2

**Day 5** – Pray your children would love to read and study the Bible

Psalms 119:105

**Day 6** – Pray your children would display the fruit of the Spirit

Galatians 5:22-23

**Day 7** – Pray God's protection over your children

Psalms 121:3-8

**Day 8** – Pray your children would be compassionate and quick to forgive others

Colossians 3:12-13

**Day 9** – Pray your children would have grateful hearts

1 Thessalonians 5:16-18

**Day 10** – Pray your children would be quick to say sorry

1 John 1:9

**Day 11** – Pray that God will give your children godly friends who will encourage and challenge them

Proverbs 27:17

**Day 12** – Pray your children would put on the armour of God every day

Ephesians 6:10-18

**Day 13** – Pray your children would find their security and self-esteem in knowing Jesus

Psalms 139:14

**Day 14** – Pray for your children's future romantic relationships

Genesis 2:18

Day 15 – Pray your children would share the love of Jesus with others

John 13:34

Day 16 – Pray God would show your children that he has great things for them to do in life

Ephesians 2:10

Day 17 – Pray your children would not be negatively influenced by pressures around them but keep their eyes fixed on Jesus

Romans 12:2

Day 18 – Pray your children would live with honesty and integrity and be trusted by others

Psalms 25:21

Day 19 – Pray your children would grow in wisdom

James 1:5

Day 20 – Pray your children would live in purity

Philippians 4:8-9

Day 21 – Pray your children would positively influence their generation

Matthew 5:13-16

Day 22 – Pray your children would be generous

Proverbs 11:25

Day 23 – Pray that as your children encounter challenges, God would teach them character and perseverance

Hebrews 12:1-3

Day 24 – Pray your children would be healthy and strong – physically, emotionally and spiritually

Isaiah 40:31

Day 25 – Pray your children would recognise God's voice

John 10:27

Day 26 – Pray your children's lives would be full of joy, fun and laughter

Job 8:21

Day 27 – Pray your children would know God's peace

Philippians 4:6-7

Day 28 – Pray your children would show humility

1 Peter 5:5-6

Day 29 – Pray your children would walk in God's spirit all their lives

Acts 1:8

Day 30 – Pray your children would dream big dreams and that God would do abundantly more than you could ask, dream or imagine in their lives

Ephesians 3:14-21